

**FOOD
FESTIVAL**
By Aspens

Autumn/Winter 2023/2024:
4/9, 25/9, 16/10, 6/11, 27/11, 18/12, 8/1,
29/01

LUNCH WEEK 1 MENU



MAIN EVENT
Meat Dish

Beef & Vegetable
Meatballs in Tomato
Sauce with Pasta
Twirlers

Mild Chicken Curry
with
50/50
Whole Grain Rice

Sausages &
Red Onion
with
Roast Potatoes
& Gravy

BBQ Chicken Drizzle
Pizza
with Baked Potato
Wedges

Golden Fish Fingers
or Salmon Fingers
with Chips



MEAT-FREE MAGIC
Vegetarian Dish

Cheese & Potato Pie

Sweet Potato
Chickpea Balti with
Whole Grain Rice

Homemade Cheese
and Leek Sausages
with Mashed
Potatoes and Gravy

Pizza Margherita
with
Potato Wedges

Veggie Fishless
Fingers & Chips



RAINBOW ALLEY
Vegetables and Salads

Mixed Salad
or
Carrot Sticks

Green Beans
or
Cucumber

Broccoli
or
Tomato Salad

Peas
or
Carrot Sticks

Baked Beans
or
Shredded Lettuce



PASTA TWIRLER
Topped Pasta

Hot Tomato Pasta
with Hidden Veggies



BIG TOPPING
Filled Jacket

Crispy Skin Jackets
with Cheese or Beans



DESSERT TROLLEY
Pudding

Marble Sponge
Cake

Jelly &
Fruit Slices

Fruity
Flapjack

Lemon
Cookie

Vanilla
Ice Cream

LUNCH WEEK 2 MENU



MAIN EVENT
Meat Dish



MEAT-FREE MAGIC
Vegetarian Dish



RAINBOW ALLEY
Vegetables and Salads



PASTA TWIRLER
Topped Pasta



BIG TOPPING
Filled Jacket



DESSERT TROLLEY
Pudding

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	All Day Breakfast Brunch Sausage, Egg, Hash Brown and Beans	Creamy Chicken Pasta Bake	Roast Gammon with Roast Potatoes and Gravy	Chow Mein Chicken Noodles	Golden Fish Fingers or Salmon Fingers with Chips
	All Day Veggie Breakfast Brunch Veggie Sausage, Egg, Hash Brown and Beans	Golden Vegetable Croquettes with Baked Potato Wedges	Super Veggie Pie Vegetable, Lentil and Onion Pie with Mash	Mexican Bean Wrap with Whole Grain Rice	Veggie Fishless Fingers with Chips
	Baked Beans or Sweetcorn Salad	Green Salad or Shredded Lettuce	Savoy Cabbage or Carrot Sticks	Green Beans or Shredded Lettuce	Baked Beans or Shredded Lettuce
			Hot Tomato Pasta with Hidden Veggies		
			Crispy Skin Jackets with Cheese or Beans		
	Orange Jelly	Jammy Crumble Bars	Apple Crumble and Custard	Oaty Cookie	Vanilla Ice Cream

LUNCH WEEK 3 MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



MAIN EVENT
Meat Dish

Hot Dog
with
Potato Wedges

Chicken Fajita

Classic
Cottage
Pie

Sausage Pizza Bread
with
Potato Wedges

Golden Fish Fingers
or Salmon Fingers
with Chips



MEAT-FREE MAGIC
Vegetarian Dish

Cheesy Bean Wrap
with Potato Wedges

Cheesy Broccoli
Pasta Bake

Veggie
Cottage
Pie

BBQ Drizzle
Pizza with
Potato Wedges

Veggie Fishless
Fingers with Chips



RAINBOW ALLEY
Vegetables and Salads

Green Beans
or
Shredded Lettuce

Peas
or
Carrot Sticks

Carrots
or
Tomato Salad

Broccoli
or
Cucumber Salad

Baked Beans
or
Shredded Lettuce



PASTA TWIRLER
Topped Pasta

Hot Tomato Pasta
with Hidden Veggies



BIG TOPPING
Filled Jacket

Crispy Skin Jackets
with Cheese or Beans



DESSERT TROLLEY
Pudding

Watermelon Wedge
(85g)

Vanilla
Cookie

Oaty Apple
Crunch Slice

Strawberry
Jelly

Vanilla
Ice Cream