

# Denham Green Academy News

## Parking

Following the incident where we had to call an ambulance for a member of staff yesterday, please be assured that if there is ever an emergency with a child, their parent/carer would be contacted immediately.

Please ensure that you are considerate when parking at all times to enable emergency vehicles to access the school.

We have received several complaints regarding parking at school times. Please ensure that you **do not park on the zig-zags or the pavement**. It is extremely dangerous and is illegal. Please park considerately to ensure everyone is safe at all times.

## Lunches

We still have lots of children coming to school without packed lunches and haven't ordered a lunch via ParentPay. Please ensure you submit all orders on ParentPay by 5pm Monday.

### **Cut off calendar**

Week commencing 10th July order by 5pm Monday 3rd July

Week commencing 17th July order by 5pm Monday 10th July

## Coffee Morning

On Tuesday 11th July 9:15am-10am we will be inviting parents/carers in for a coffee morning. The coffee morning will be hosted by Mrs Tawana and a family support worker. The coffee morning will be there to provide advice to parents/carers with supporting young people with anxiety.

The coffee morning will be held in our school library. It would be great to see as many of you attend as possible.

## ParentPay

Just a reminder that all ParentPay debts need to be cleared before we return in September.

All Year 6 parents must make sure their debts are cleared prior to leaving us.

## Book Sale

Thank you to everyone who attended our book sale yesterday. We will be hosting another one in due course. Parents will be notified of this.

Attendance This Week: **95.3%**

## Dates For Your Diary

- 3rd July - Y4 & Y5 Trip to The Living Rainforest
- 4th July - Transition Day
- 5th July—Teacher Strike - Hedgehogs, Y3, Y4 and Y6 in
- 5th July - Y6 Graduation - 2pm ceremony
- 7th July - Teacher Strike - Only Year 3 & Year 4 in
- 10th-14th July - Y5 & Y6 Swimming
- 14th July - Summer Fayre
- 19th July - Sports Day **KS2 9am-12pm KS1 & Reception 1-3pm**
- 20th July - End of term

## Term Dates

We break up for end of term on Thursday 20th July. Children return to school on Monday 4th September. Please note we have an INSET day on Friday 30th June - school will be closed to children on this day.

## Medical Needs

Please make sure you update the office if your child is newly diagnosed with a medical condition. If there is any medication that needs to be administered in school you will be required to complete a health care plan. If you have any questions regarding this please contact Mrs Halligan or Mrs Grant.

## Second Hand Uniform

If you have any uniforms that your child has grown out of we are looking for donations! We will be having a second hand uniform stall at our Summer Fayre. This will give parents the opportunity to purchase items at a reduced rate. All proceeds from the sales will raise money for the school and be used towards purchasing resources for the children.

Family  
Support  
Service

# Wellbeing matters

For 7 to 11 year olds

A two-day workshop during the Summer holidays for primary-aged young people.

Topics will include your wellbeing, emotions, self-esteem, resilience, and relationships with others.



email to sign up:

[earlyhelpduty@buckinghamshire.gov.uk](mailto:earlyhelpduty@buckinghamshire.gov.uk)



Wednesday and  
Thursday  
10am to 2pm



23 and 24  
August 2023



Burnham Family  
Centre

For more information please visit  
[familyinfo.buckinghamshire.gov.uk/familysupport](http://familyinfo.buckinghamshire.gov.uk/familysupport)



Scan  
me! 

**Family  
Support  
Service**

# Support your child's wellbeing

An invite only workshop for parents whose children will be attending the Wellbeing Matters Workshop running at Burnham Family Centre.

A short workshop for parents focusing on top tips to support your child's wellbeing.

These workshops will run at the same time and will cover similar topics.



**Wednesday  
10am to 12pm**



**23  
August 2023**



**Burnham Family  
Centre**

For more information please visit  
[familyinfo.buckinghamshire.gov.uk/familysupport](http://familyinfo.buckinghamshire.gov.uk/familysupport)



**Scan  
me!**

Family  
Support  
Service



# Wellbeing matters

For 7 to 11 year olds

A two-day workshop during the Summer holidays for primary-aged young people.

Topics will include your wellbeing, emotions, self-esteem, resilience, and relationships with others.



email to sign up:

[earlyhelpduty@buckinghamshire.gov.uk](mailto:earlyhelpduty@buckinghamshire.gov.uk)



Monday and  
Tuesday  
10am to 2pm



24 and 25  
July 2023



Amersham Family  
Centre

For more information please visit  
[familyinfo.buckinghamshire.gov.uk/familysupport](http://familyinfo.buckinghamshire.gov.uk/familysupport)



Scan  
me! 

Denham Green E-ACT Primary Academy

&

FODGA PRESENTS

# SUMMER FAYRE

July 14 2023 | 3.30pm - 6pm

**ENTRY**  
**ADULT - £1**  
**KIDS - 50P**

The Summer Fayre is open to all the community.  
All proceeds will be put back into the school for  
the children to enjoy.

**RAFFLES**  
**ICE CREAM**  
**CANDY FLOSS**  
**BOUNCY CASTLE**  
**FACE PAINTING**

**DJ**  
**BOTTLE**  
**TOMBOLA**  
**ADULT HAMPERS**  
**KIDS HAMPERS**  
**BBQ & WINE**  
**GAMES / PRIZES**  
**STALLS**

**PLUS SO MUCH MORE**



# Jump Back Up July 2023



## SATURDAY

1 Take a small step to help overcome a problem or worry

8 Avoid saying "must" or "should" to yourself today

15 Set yourself an achievable goal and take the first step

22 Find 3 things you feel hopeful about and write them down

29 Be a realistic optimist. Focus on what could go right

## SUNDAY

2 Adopt a growth mindset. Change "I can't" into "I can't...yet"

9 Put a problem in perspective by seeing the bigger picture

16 Find fun ways to distract yourself from unhelpful thoughts

23 Remember that all feelings and situations pass in time

30 Reach out to a friend, family member or colleague for support

## MONDAY

3 Be willing to ask for help when you need it

10 Reach out to someone you trust and share your feelings with them

17 Use one of your strengths to overcome a challenge today

24 Choose to see something good about what has gone wrong

31 Remember we all struggle at times - it's part of being human

## TUESDAY

4 Find something to look forward to today

11 Look for something positive in a difficult situation

18 Let go of the small stuff and focus on the things that matter

25 Notice when you are feeling judgmental and be kind instead



## WEDNESDAY

5 Get the basics right: eat well, exercise and go to bed on time

12 Write your worries down and save them for a specific 'worry time'

19 If you can't change it, change the way you think about it

26 Catch yourself over-reacting and take a deep breath



## THURSDAY

6 Pause, breathe and feel your feet firmly on the ground

13 Challenge negative thoughts. Find an alternative interpretation

20 When things go wrong, pause and be kind to yourself

27 Write down 3 things you're grateful for (even if today was hard)



## FRIDAY

7 Shift your mood by doing something you really enjoy

14 Get outside and move to help clear your head

21 Identify what helped you get through a tough time in your life

28 Think about what you can learn from a recent problem

