<u>Mental Health Week</u>

Denham Green Academy

Children are invited to wear an item of green to school on Thursday 18th May to support mental health week. This can be your Denham Green school jumper, a green t-shirt, a hair band or green socks!

For further information on mental health week please follow this link: https://www.mentalhealth.org.uk/our-work/ public-engagement/mental-health-awareness-week

Breakfast Club

Breakfast Club now needs to be booked on ParentPay and paid at the time of booking. Bookings can be made up until 8:15am on the day. Breakfast club does not need to be booked a week in advance like the school meals.

Children entitled to pupil premium funding do not need to pay for breakfast club.

Energy Drinks

Please do not send your child to school with any energy drinks! We have noticed lots of children bringing 'Prime' drinks to school. Any child who brings an energy drink to school of any kind will have this taken away from them.

Jewellery

Lots of children have started wearing jewellery to school recently. Chains, hoop earrings and any other jewellery except stud earrings are not allowed in school. Our uniform policy can be found on our website if needed.

Lunch Menu Change

Unfortunately we have had a change to our menu next Thursday 18th May. Instead of Mexican Chicken - we will be having chicken burgers. For those of you who have ordered Mexican chicken, your child will be given a chicken burger instead.

Our Vegetarian option has also changed to veggie burgers. For those of you who have ordered bean & sweetcorn burritos, your child will be given a veggie burger instead.

All sandwich and jacket potato orders will remain the same.

<u>Illnesses</u>

We understand that children become unwell from time to time. However, lots of general illnesses do not warrant absences from school. For guidance and advice on illnesses and whether your child should remain at home please have a look at the NHS website: <u>https://www.nhs.uk/live-well/ismy-child-too-ill-for-school/</u>

Attendance This Week: 96%

Dates For Your Diary

- 18th May Reception Vision Checks
- 18th May Wear green to school for mental health day
- 25th May School photos
- 26th May Break up for half term
- 5th June Return to school
- 9th-11th June Y6 Residential Trip
- 12th June Coffee Morning with Mrs Kilyan (New Headteacher)

Lunches

Our ordering system is now live through ParentPay. The system will be set up so that you can select your child's meal choices. There will be a cut off time for choosing your meals, this will be Monday 5pm each week as we have to provide our suppliers with 7 days notice for meal numbers. Meals will need to be paid for in advance. If you haven't ordered your child a lunch - you must provide your child a packed lunch from home. Failure to do so will result in your child not being given a meal as we will not have additional food to offer. Please ensure that if you have not ordered a lunch on ParentPay that your child does have a lunch to bring to school that week. If your child is absent from school we will cancel their meal and you will not be charged for this.

If you have not activated your ParentPay account you must do so to be able to access the system. If you're having any difficulties with this please contact the school office who will assist you.

We will be sending out step by step guidance on how to order the lunches and how to use the system properly. Please keep an eye on your dojo account for this.

Please order by Monday 15th May 5pm for week commencing 22nd May.

<u>Class Photos</u>

Just a reminder that class photos will be taking place on 25th May.

Denham Green E-ACT Primary Academy



& FODGA PRESENTS SUMMER FAYRE

July 14 2023 | 3.30pm - 6pm Fodga are looking for help & assistance with the Summer Fayre.

The school has not had a summer fayre since pre-covid. For KS1 this will be they're first fayre. A fun, packed afternoon for all the community & children to enjoy. All monies raised will be invested back into the school for the children to have better facilities & more fun filled events. Without help unfortunately the school & FODGA are unable to hold these events. Your help will be greatly appreciated. If you would like further information, please speak to your year group parent reps or any of the





SATURDAY SUNDAY	Look for people doing good and reasons to be cheerful	3 14 Find out about the values or traditions of another culture the beauty in nature	 21 Look up Share photos 3 things you find meaningful or memorable 21 Look up at the sky. Remember we are all par of something bigger 	 Focus on how your special and actions make revisit it in you a difference for others 		
FRIDAY S	5 Let someone know how much they mean to you and why	12 Listen to a firente a favourite piece of music and remember what it means to you	19 Reflect on S what makes you of feel valued and fin purposeful o	26 Remember an event in your life that was really meaningful	Constant of the second	010
THURSDAY	⁴ Send your friend a photo from a time you enjoyed together	11 Look around for things that bring you a sense of awe and wonder	18 Send a hand- written note to someone you care about	25 Ask Someone else what matters most to them and why		ogether a
TUESDAY WEDNESDAY	3 Take a step towards an important goal, however small	10 Be grateful for the little things, even in difficult times	17 Find a way to make what you do today meaningful	24 Make choices that have a positive impact for others today	31 Find three reasons to be hopeful about the future	Happier · Kinder · Together
TUESDAY	² Focus on what you can do rather than what you can't do	9 What values are important to you? Find ways to use them today	16 Show your gratitude to people who are helping to make things better	23 Recall three things you've done that you are proud of	30 Share a quote you find inspiring to give others a boost	Happier
MONDAY	1 Do something kind for someone you really care about	8 Set yourself a kindness mission to help others today	15 Do something to contribute to your local community	22 Find a way to help a project or charity you care about	29 Today do something to care for the natural world	ACTION FOR HAPPINESS
Meaningful May 2023						ACTION FO

we are all part

of something

the beauty in

1

memory tonight revisit it in your

Do something

F

of what matters



The chance to connect with like-minded people who have walked in your shoes.

Walking With You

is a parent led support group for anyone supporting children and young people, up to the age of 25, experiencing mental health difficulties.

You can take part discussing shared experiences with other parents and carers as well as having **mental health professionals from CAMHs** on-hand to support and answer any questions you may have.

Currently sessions are being ran by Microsoft Teams. you can join or leave as any point (meetings are not recorded). Our next three sessions are:

Friday April 28th 10-11.30am Local Services Bucks County Council, KOOTH, SENDIAS, CAMHS/SPA.

Friday May 26th 10-11.30am Anxiety, Emotional regulation and Violent behaviours.

Friday June 23rd 10-11.30am*

Transitions - CAMHS to AMS, School, University, apprenticeships, work place.

*face to face meeting

If you would like to join our session/s or would like further information, please contact:

Oma Nwajiuba,

Participation Lead Barnado's Bucks CAMHs & Oxford Health NHS Foundation Trust at ekeoma.nwajiuba@barnardos.org.uk

Please also confirm your consent to use your e-mail address.

Buckinghamshire CAMHS Positive mental health for young people

