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Online safety at home:

parents and carers newsletter

September 2022

Technology is hugely valuable for education, as well as a way to keep in touch with friends and family. However, it's important we all consider how we can support children's online safety. Here's some information about what your child may enjoy online and what you can do to help keep them safer:

Sharing pictures

Using devices like phones and tablets to share pictures and videos can be a great way for children to have fun and stay in touch with friends and family. It's really important your child knows what's ok to share online and what they should check with you first.

If you want further advice or information, please look at the following website:

https://www.ceop.police.uk/Safety -Centre/

Watching videos

Children love to watch videos and YouTube is always a firm favourite! But sometimes children can be exposed to videos that are not meant for them.

YouTube Kids is a safer way for children to explore their interests. You can find more information about this on YouTube: what parents need to know.

Remember, primary-age children should be supervised at all times when online.

More information?

Thinkuknow is the education programme from the National Crime Agency's Child Protection Command CEOP (NCA-CEOP) whose aim is to protect children and young people from sexual abuse online.

For more information, advice and guidance, visit their parent's website and download their home activity worksheets for fun, online safety activities to do with your family.

Parental controls: Parental controls have been designed to help you manage your child's online activities. There are various types, some of which are free but others which can be bought. However, nothing is totally fool proof so this shouldn't replace the support and guidance you give your child to help keep them safer. For more information and step by step instructions on setting up parental controls, visit <u>Parental Controls & Privacy Settings Guides - Internet Matters.</u>

Supervise their online activity: Keep the devices your child uses in communal areas of the house such as the living room or kitchen, where an adult is able to supervise. Primary-age children should not access the internet in private spaces alone, such as in a bedroom or bathroom.

Please note the required age to access Tik Tok, Instagram, Snap Chat, Facebook, Twitter, WhatsApp is 13 and older.