

Intervention Provisions Menu



This document aims to outline support and intervention services currently available in Buckinghamshire.

It has been separated into sections depending on the person's needs and outlines current support services for:

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- Financial Intervention
- Housing
- SEND (Special Educational Needs and Disabilities)
- Sexual Health
- Mental Health
- Offender Intervention
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Please also see information around available uniformed youth services, national citizen service and the Bucks Online Directory

NB: This is a living document that will aim to be updated every 3 months. The support services/programmes were correct at time of writing however funding does change. If you find that a service outlined here is no longer running, please make contact. Alternatively, if you know of a service/programme you feel should be included please contact us with relevant details. Contact Alyssandra.ord@buckinghamshire.gov.uk

Last updated Dec 2021



TACKLING VIOLENCE IN OUR COMMUNITIES

The below interventions are appropriate for those believed to be vulnerable to Domestic and/or Sexual abuse. Each intervention outlines the work carried out, agency, location and contact details.

▪ **Aylesbury Vale and Milton Keynes Sexual Assault and Abuse Support Service (16+)**

Provides support, information, advice and guidance to anyone affected by sexual assault and abuse, including non-recent, childhood sexual abuse, FGM and forced marriage. (males & females)

Helpline: 01296 719772

Email: support@avmksaass.org.uk Website: www.avmksaass.org.uk

Location: Aylesbury and Milton Keynes

• **BSHaW (Buckinghamshire Sexual Health and Wellbeing)**

Offers a free, confidential service to meet the sexual health needs of all.

Web: <https://sexualhealthbucks.nhs.uk/> Tel: 0300 303 2880.

Location: Countywide

▪ **Independent Domestic Violence Advisers (18+)**

Provides independent, professional and confidential crisis support and information for high or medium cases of domestic violence.

Wycombe:

Web: www.wycombewomensaid.org.uk/idva-2/

Tel: 07483 159153 / 01494 461367

Email: enquiries@wycombewomensaid.org.uk

Aylesbury:

Web: www.aylesburywomensaid.org.uk/idva/ Tel: 01296 437777

Email: enquiries.awaid@outlook.com

Locations: High Wycombe & South Bucks. Aylesbury Vale and the Chilterns

(NOTE - agency referrals only as DASH must be completed)

▪ **ManKind Initiative**

Provides support for male victims of domestic abuse/violence as well as family/friend/associates.

Web: <https://www.mankind.org.uk/>

Tel: 01823 334244

▪ **NAPAC - National Association for People Abused in Childhood (18+)**

Offers support to adult survivors of all types of childhood abuse, including physical, sexual, emotional abuse or neglect.

Web: napac.org.uk/

Tel: 0808 801 0331 Email: support@napc.org.uk

Location: National

▪ **National Domestic Abuse Helpline**

Web: <https://www.nationaldahelpline.org.uk/> Includes Live Chat.

Tel: 0808 2000 247

▪ **National Centre for Domestic Violence (all ages)**

A free, fast emergency injunction service to survivors of domestic abuse and violence regardless of their financial circumstances, race, gender or sexual orientation.

Web: www.ncdv.org.uk/

Tel: 0800 970 2070

Email: office@ncdv.org.uk

Location: National

▪ **Rape & Sexual Abuse and Support Service (16+)**

Support women and girls aged 16 years+ who may have been raped, sexually assaulted or sexually abused in their childhood. Provide free, confidential support and information to female survivors.

Web: <https://rsass.org.uk/> (Includes web referral form)

Email: rsass.helpline@gmail.com

Tel: 01494 462222

Tel: 07528 245304 (Asian Women's Helpline).

▪ **SWAAY (18+)**

A specialist provider of care for boys and young males who have displayed sexually harmful behaviour. They provide holistic, care through three services – therapy, education and residential homes, providing safety and to inspire growth for young people who have suffered trauma and perpetrated sexual harm.

Web: <https://www.swaay.co.uk/>

Tel: 01189 261 010

Email: info@swaay.co.uk

Location: Thames Valley.

▪ **WOMEN'S AID**

Women's Aid is a grassroots federation working together to provide life-saving services and build a future where domestic violence is not tolerated.

Web: <https://www.womensaid.org.uk/>

Email: helpline@womensaid.org.uk.

Domestic and Sexual Abuse

The below interventions are appropriate for those believed to require early intervention support. Each intervention outlines the work carried out, agency, location and contact details.

**Early
Intervention
(1)**

▪ **Action4Youth (Under 18)**

Provides various programmes to support children and young person, regardless of background or ability, to ensure that they have the chance to enter adulthood as positive, confident members of the community. Projects include Inspiration Programme, National Citizens Service, DOE, Breakout Programme.

Web: <https://www.action4youth.org/>

Tel: 0300 003 2334 Email: office@action4youth.org

Location: Countywide

▪ **ASPIRE project (13-17)**

The Aspire Project currently works across Hertfordshire and North London to provide support for young people who have offended or are at risk of offending or criminal exploitation.

Referrals submitted by LA, schools, colleges, YOS, attendance centres & other partners.

Web: <https://www.transitionsuk.org/aspire>

Phone: 01582 380 620 Email: support@transitionsuk.org

▪ **Attain - for young people leaving care (16-22)**

Supports young people leaving care and need support to move on towards independence (including employment, next steps education and life skills) aiming to help make good choices about work and education, relationships and community, and to give them a better chance to succeed in life.

Web: www.transitionsuk.org/attain

Phone: +44 1582 380 620

Email: support@transitionsuk.org

Location: Aylesbury

▪ **BFIS and e-safety offer (e-safety aspect under development) (all ages)**

Free, impartial service providing information, advice, and guidance for young people, families and professionals from childcare, local services, education and family centres, health, money and Special Educational Needs and Disabilities (SEND).

Web: www.bucksfamilyinfo.org/

Telephone: 01296 383 065 Email: familyinfo@buckscc.gov.uk

Location: Online and countywide

▪ **Bucks Youth (11-19 or 25 SEND)**

Works with young people at an early stage before issues escalate to a level where specialist support may be required. Supports also available for those already having a specialist intervention, to enable them to move forward once the programme is completed.

Email: bucksyouthreferrals@buckscc.gov.uk

Telephone: 01296 382583

Location: Countywide

▪ **Childline (Young people)**

Childline is a free and confidential listening and counselling service for children and young people

Web: www.communityyouthventures.com/

Tel: 07591065584

Email: cyv.cic@gmail.com

Location: Various

▪ **Community Youth Ventures (Young people)**

Projects to inspire young lives through innovative and diversionary activities, that aim is to empower young people to make positive choices, enhance their opportunities and widen their horizons including the impact and support within the community around them. Current activities include *EmpowerMENT*, *Positive Youth Mentoring*, *Studio recording*, *Youth Allotment*, *Food SOS Grow N Cook & Making Tracks Music Project*.

Web: www.communityyouthventures.com/

Tel: 07591065584

Email: cyv.cic@gmail.com

Location: Various across county.

• **Connection Support (16+)**

Provide a variety of support through life's challenges e.g. homelessness unable to keep up with rent payments, loneliness, isolated in older age, advocacy, advice to complete a form for benefits.

Web: www.connectionsupport.org.uk/buckinghamshire/

Tel: 01296 484322

Email: bucksenquiries@connectionsupport.org.uk

Location: Countywide

▪ **Creating Critical Thinkers (Year 5/6/7 upwards)**

EqualTeach provide free critical thinking workshops to school pupils in a safe and structured environment to help them think critically, reject prejudice and build resilience to extreme narratives and propaganda. Also provide staff training to support schools to work with young people on controversial issues.

Web: equaliteach.co.uk/free-critical-thinking-workshops-for-primary-and-secondary-schools/

Tel: 01480 470660

Email: enquiries@equaliteach.co.uk

Location: National

The below interventions are appropriate for those believed to require early intervention support. Each intervention outlines the work carried out, agency, location and contact details.

**Early
Intervention
(2)**

▪ **Drug and Alcohol Prevention in Schools (Year 8)**

The Risk-Avert programme is a multi-component secondary school-based intervention that aims to identify young people engaging in, a range of risk-taking behaviours that may have a detrimental impact on health and well-being.

Email: Carol.Stottor@buckinghamshire.gov.uk (Becky Hitch lead but on maternity)

Location: Secondary Schools Bucks

▪ **East Side Youth Centre (4 – 13)**

Youth centre for young people in the grounds of Highcrest Academy.

Email: info@eastsideyouthcentre.org

Location: The Highcrest Academy

▪ **Firewise Programme (under 18)**

Aimed at children and young people (and occasionally adults) who: have been involved in or at risk of fire setting behaviour, considered to have an 'unusual' or 'unhealthy' fascination with fire or have any other specific issue related to fire or fire setting

Web: bucksfire.gov.uk/service/firewise-scheme/

Email: fis@bucksfire.gov.uk

Location: Countywide

▪ **Future Goals 2.0 (Years 5-10)**

Focuses on positive engagement with young people who are in years 5 to 10, specifically targeting pupils who are disengaged with education, disruptive at school, and who outside of school may be less inclined to complete homework, are inactive, have low self-esteem/self-worth or are at risk of making poor decisions. Project will deliver free positive and dedicated one-to-one mentoring support alongside group / class activities which will assist participants in six priority areas.

Web: www.wwset.co.uk/future-goals/

Tel: 01494 455 736

Email: community@wwfc.com

paul.withams@wwfc.com

Mark Heath - mark.heath@wwfc.com

Location: Bucks mainstream project partner schools.

▪ **Growing Against Violence (Under 18)**

GAV is a charity that aims to prevent youth violence and protect young people against exploitation by gangs and grooming both on the streets and online. GAV delivers age-appropriate workshops into schools and colleges for both pupils and teachers.

Web: www.growingagainstviolence.org.uk/

Email: operations@growingagainstviolence.org.uk

Location: Nationwide

▪ **Hidden Children (Under 18)**

Young people missing out on Education and EHE cohorts; mapping of risks within cohort, predictive analysis to prevent exposure to increased risk.

Reducing vulnerability to exploitation. Increasing engagement with education and training.

Email: Maria.Edmunds@buckinghamshire.gov.uk

Location: Countywide

▪ **Inspiration Project (Under 18)**

Designed to broaden the horizons, thinking and experience of young people, to make them aware of how our society works and help them understand what their place in it is and can be. The one-year Inspiration Programme provides direct experiences and real interactions with motivational individuals and organisations.

Web: www.action4youth.org/the-inspiration-programme/

Tel: 0300 003 2334

Email: Emily.Davis@action4youth.org / tracy.palmer@action4youth.org /

Gareth.drawmer@buckinghamshire.gov.uk 0

Location: Bucks - Various settings according to the programme

▪ **Misbourne Area Youth (11-18)**

Interesting, exciting and challenging activities that enhance young people's individual growth. Access to information, sound advice or counselling on a range of personal matters including health issues, drug & alcohol abuse, sexual relationships, work, housing etc.

Web: mayouth.org.uk/

Tel: 01494 865657

Email via web form: mayouth.org.uk/contact-us

Location: The Misbourne School - every Monday in term time, after school until 4:30pm.

Prestwood Community Centre - Every Monday in term time (free entry) - 7.00 - 9.00pm.

The below interventions are appropriate for those believed to require early intervention support. Each intervention outlines the work carried out, agency, location and contact details.

**Early
Intervention
(3)**

▪ **Muslim Youth Helpline (Under 18)**

A free and confidential Helpline, available nationally via the telephone, email, live chat and letters. The service uses male and female volunteers trained in basic counselling skills to respond to client enquiries.

Web: myh.org.uk/

Tel: 08088082008

Live Chat: www.myh.org.uk/helpline

Email: help@myh.org.uk

Location: National.

▪ **New Leaf Mentoring Scheme**

Offer face-to-face mentoring programme which aims to support to young people that are at risk of exclusion and/or are currently within the criminal justice system.

Referral form: <https://www.tvvru.co.uk/project/new-leaf/>

Email to: judith.baker@newleaf.cjsm.net

▪ **One-Eighty (Age 4-18)**

An organisation which seeks to re-integrate vulnerable young people back into education or back onto a positive journey with learning, through working on patterns of thinking, behaviours and emotions that hinder learning.

Web: [//one-eighty.org.uk/](http://one-eighty.org.uk/)

Tel: 01865 236 869

Email: enquiries@one-eighty.org.uk

Referrals: [/one-eighty.org.uk/referrals](http://one-eighty.org.uk/referrals)

Location: Buckinghamshire & Oxfordshire

▪ **Positive Youth Mentoring (young people)**

Working with young people to establish a relationship where goals and objectives can be developed, issues supported and negative behaviors challenged. 10 x One-to-one sessions, that look at the future. Identifying and providing extra training or support to the young person in order to successfully complete their learning pathway.

Web: www.communityyouthventures.com/

Tel: 07591065584

Email: cyv.cic@gmail.com

Location: Countywide

▪ **Positive Youth Productionz (12+)**

Weekly session for young people aged 12+ focusing on creative arts and life skills, combining creative expression with mixed media, personal development with key skills and personal development.

Web: www.communityyouthventures.com/ Email: cyv.cic@gmail.com

Tel: 07591065584

Location: Roundhouse Youth Centre - High Wycombe. Thursdays, 5.30 - 7.30 pm

▪ **Positive Youth Streetz (Young people)**

A combination approach to youth intervention, combining key skills, transferable skills, issue based workshops and interventions. Working in public spaces direct with young people, our street team will be delivering informal and social education and addresses whatever needs are presented to or perceived by the youth workers, using a range of approaches aligned to interests of core group.

Web: www.communityyouthventures.com/

Tel: 07591065584

Email: cyv.cic@gmail.com

Location: Chalfont St. Peter, Buckinghamshire

▪ **Positive Youth WYC-Enders (Age 11-14)**

Sessions with a mixture of physical activities, positive activities and topics like self awareness, personal safety, relationships etc.

Sessions also include residential, day trips and group building exercises.

Web: www.communityyouthventures.com/

Tel: 07591065584

Email: cyv.cic@gmail.com

Location: Roundhouse Youth Centre, High Wycombe. First Saturday of the month, 1.30 - 4.30pm. (These sessions are currently postponed due to COVID.).

▪ **Premier League Kicks (Age 8-18)**

Encourages sports participation in youngsters from some of the most high-need areas within local communities. Gets young people involved in constructive activities, such as a wide variety of sports, coaching projects, music, education and personal development. Since it's conception Premier League Kicks has seen communities across the country transformed with greater football and sports participation rates and authorities reporting significant reductions in anti-social behaviour in the same area

Web: www.wvset.co.uk/premier-league-kicks/

Tel: 01494 455736

Email: paul.foley@wwfc.com

Girls Active - Green Street Youth Centre, HP11 2RA

Football - Highcrest Academy, HP13 7QN. Cressex Football Centre, HP12 4QA

▪ **The Junction**

Action4Youth's youth club at High Wycombe Library. Offers weekly activities (boxing, yoga, HIIT, nutrition advice), a space for socialising and leisure activities (pool tables, PlayStation, hang out spots), Crisis support clinics – providing advice, help and support.

Web: <https://www.action4youth.org/the-junction/>

Email: steven.mann@action4youth.org

Phone: 0300 003 2334

Location: The Library, 5 Eden Place, High Wycombe HP11 2DH

The below interventions are appropriate for those believed to require early intervention support. Each intervention outlines the work carried out, agency, location and contact details.

**Early
Intervention
(4)**

▪ **Reach Every Generation (Those working with 'hard to reach' young people, and young people caught up in gang culture).**

To enable young people caught up in gang culture to instigate change for a better future, to instigate change and to empower those working with young people to make a difference.

Web: <http://reacheverygeneration.co.uk/home/>

Tel: 0800 0016862

Email: gavin.mckenna@reacheverygeneration.com

Location: National

▪ **RU SAFE Service (18 (25 with SEND) and families)**

Raises awareness of exploitation and the risk associated with activities that may lead to criminal behaviour working with vulnerable children and their families; including children in care, support families through domestic abuse, mental health problems, prison sentences, asylum seeking and much more.

Web: <https://www.barnardos.org.uk/what-we-do/services/rusafe-bucks-exploitation-service>

Tel: 01494 – 785552 Email: rusafe@barnardos.org.uk

Location: County wide and within a 20 mile radius of Buckinghamshire's borders

▪ **SAFE! (part of Victims First for under 18s) (ages of 5-18 (25 SEND)**

Provides support to children and families who have been affected by crime or abuse through one-to-one and group sessions (protective behaviours and restorative approaches).

Information/resources/advice for YP, parents and professionals.

Web: www.safeproject.org.uk/index.php

Tel: 01865 582495 Email: safe@safeproject.org.uk

Location: Thames Valley

▪ **The Mix (Under 25)**

Support service for young people, offering support and advice for a variety of challenges including mental health, money, homelessness, work, relationships, drugs - via their free confidential helpline, counselling service, online community or social media.

Web: <https://www.themix.org.uk/> Email: www.themix.org.uk/get-support/speak-to-our-team/email-us

Tel: 0808 808 4994 Text: THEMIX to 85258. Location: National

▪ **Together with Migrant Children (All ages)**

Provide support primarily to migrant and refugee children, young people and families across the UK. Aiming to empower and support individuals, families and communities through advocacy, specialist assessment, family & youth work, social work and mentoring

Web: togethertomigrantchildren.org.uk/

Tel: 01865 528 658

Email: hello@togethertomigrantchildren.org.uk

▪ **UK Youth (Under 18)**

Delivers a range of national programmes to provide opportunities to young people in five key interest areas: STEM, Wellbeing, Citizenship, Enterprise, Arts.

Web: <https://www.ukyouth.org/> Email: London.office@ukyouth.org

Tel: 020 4526 8371

Location: National

▪ **Wycombe Wanderers SET for Safety - Play Into Space (Under 18)**

A youth club delivered to divert young people away from involvement in crime and/or antisocial behaviour or the risk of being exploited, as well as to provide them with personal development opportunities. Provision of a safe and secure space for young people. Participants to take part in a variety of sports sessions and participate in workshops on a range of different issues including knife crime, gangs, anti-bullying, positive relationships & safe sex, employability skills, first aid, cooking and volunteering.

Web: www.wwset.co.uk/

Tel: 01494 455 736

Email: community@wwfc.com / Paul Foley - paul.foley@wwfc.com Mark Heath - mark.heath@wwfc.com

▪ **YOS Multi-Agency Partnership (Age 10-18)**

Early intervention mentoring to young people (YP) identified as being vulnerable to be drawn into criminality, with a focus on those at risk of permanent exclusion.

Restorative training techniques for Schools/other professionals working with young people in an education/care environment.

Web: familyinfo.buckinghamshire.gov.uk/advice-and-support/imprisonment-and-offending-support/support-young-people-and-crime/

Tel: 01296 434 624

Email: yos@buckinghamshire.gov.uk

▪ **Youth Concern**

Youth Concern is an independent youth charity that supports young people, aged 13-25 in Aylesbury Vale and beyond. Provides a safe place for young people to meet and access support.

The Uptown Coffee Bar (open by appointment 12 – 6pm Tuesday to Friday, open from drop-in sessions every Tuesday and Friday afternoon) provides a range of activities including pool, music studio and IT suite. Offers a range of additional support services, these include emotional support, counselling, employment, education and training support, and practical assistance to deal with homelessness.

Web: <https://www.youthconcern.org.uk/>

Location: Aylesbury

The below interventions are appropriate for those believed to require support around Education and Employment. Each intervention outlines the work carried out, agency, location and contact details.

▪ **Bucks College Group (Above school age)**

Education facility offering full time and part time courses, higher education courses, online courses and apprenticeships.

Web: [/www.buckscollegelgroup.ac.uk/](http://www.buckscollegelgroup.ac.uk/)

Location: Colleges in Aylesbury, Wycombe, Amersham:

▪ **Camelia Botnar Foundation (16 - 19 yr old (must of left school))**

Provides residential training and work experience, to help either disadvantaged young people or those in a problematic situation to learn a skilled trade, embark on a useful career path and successfully make their own way in life.

Web: www.cameliabotnar.com/

Email: enquiries@cameliabotnar.com

Location: West Sussex base (National)

▪ **Chiltern Rangers (Various age groups)**

Work with communities to provide practical habitat management in Bucks and the wider Chilterns. Offers a variety of education and training opportunities to individuals and organisations to help make a difference including work experience/ placements, DOE & NEETS.

Web: www.chilternrangers.co.uk/

Tel: 01494 474 486

Email: info@chilternrangers.co.uk

Location: Countywide

▪ **People Plus (Young people)**

Provides a number of services including employment support, skills training, apprenticeships, independent living, and prison education on behalf of the government, as well as recruitment, training and development and wellbeing solutions to employers. For those who may face challenges in finding and staying in employment.

Web: [//peopleplus.co.uk/](http://peopleplus.co.uk/) Email: customer.services@peopleplus.co.uk

Tel: 0800 34566

Location: National

▪ **The Toolshed (Age 16-24)**

The Toolshed is an alternative education Centre operating as a stand alone, self-sufficient, not-for-profit business, helping young people start a career in construction

Web: www.toolshedbucks.co.uk/

Tel: 01494 436642

Email: info@toolshedbucks.co.uk

Location: High Wycombe

▪ **Do-It Volunteer Opportunities (all ages)**

UK's national volunteering database.

Web: <https://do-it.org/>

Location: National

The below interventions are appropriate for those believed to require family intervention support. Each intervention outlines the work carried out, agency, location and contact details.

▪ **Family Centres & Family Support Service (Families with children aged 0 - 19 (or up to 25 for those with SEND)).**

Offer a range of open-access sessions and universal health services for families with children aged 0 to 19 years (or up to age 25 for those with SEND).

<https://familyinfo.buckinghamshire.gov.uk/familycentres/>

Location: Countywide. Check contact details for timetables and locations

▪ **Mediation Bucks (All ages)**

Mediation is a way of resolving disputes and improving relationships between people who come into regular contact with each other such as neighbours, family members, students, work colleagues, business customers, and businesses. They facilitate discussions that lead to jointly agreed solutions.

Web: www.mediationbucks.org.uk/

Tel: 01494 520821 (10am - 3pm)

Email: mediation@mediationbucks.org.uk

Location: Countywide

▪ **MOSAC (Non-abusing parents and carers)**

MOSAC supports the non-abusing parents and carers of children who have been sexually abused with the help that they need to move on positively with their lives, from counselling and emotional support through to legal advocacy, training and workshops.

Web: mosac.org.uk/

Tel: 0800 980 1958

▪ **National Family Mediation (All ages)**

Family mediation for those affected by family breakdown especially separation, divorce and dissolution of civil partnership.

Web: www.nfm.org.uk/

Tel: 0300 4000 636

Email: general@nfm.org.uk

Location: National

▪ **National Youth Advocacy Service (NYAS) (Children & Young People)**

Children and vulnerable adults in care who require advocacy and legal representation – including children subject to child protection plans, care leavers, children and young people with disabilities.

Web: www.nyas.net/contact-us/

Tel: 0808 808 1001

Email: help@nyas.net

Family Contact sessions: main@nyas.net

Legal: legal@nyas.net

Location: National

▪ **Prisoners Families Helpline/Website (Families who have come into contact with the CJS)**

Provides advice and support to families who have come into contact with the Criminal Justice System to make a fresh start and minimise the harm that can be caused by imprisonment.

Web: www.prisonersfamilies.org/

Helpline: 0808 808 2003

Opening hours: Mon – Fri 09.00am - 8.00pm. Saturdays and Sunday: 10.00am - 3.00pm

Email: info@prisonersfamilies.org

Location: National

▪ **Relate (All ages)**

Anyone facing difficulties in a relationship or looking to strengthen their relationships, people of all ages, backgrounds, sexual orientations and gender identities. Offers: Relationship counselling, Family counselling, Mediation, Children and Young People's Counselling, Sex Therapy.

Web: www.relate.org.uk/

Tel Chesham - 01494 791 180. Wycombe- 01628 625320. Princes Risborough/ Aylesbury - 01296 427973

Email: enquiries@relatemb.co.uk

Location: Chesham - Chiltern Hills Academy. High Wycombe - Kite Ridge Centre. Princes Risborough - Wellington House Surgery. Aylesbury - 2A Pebble Lane.

The below interventions are appropriate for those believed to require financial intervention support. Each intervention outlines the work carried out, agency, location and contact details.

▪ **StepChange (Anyone)**

A charity offering free, impartial debt advice to those suffering from financial difficulties.

Web: www.stepchange.org/

Tel: 0800 138 1111

Email: client.service@stepchange.org

Location: National

▪ **The Smallwood Trust (All ages)**

Charity that enables women to become financially resilient. Grants available to organisations and individuals that help women overcome financial adversity and to improve their social and emotional well-being.

Web: www.smallwoodtrust.org.uk/

Tel: 0300 365 1886

Email: info@smallwoodtrust.org.uk

Location: National

▪ **Turn2Us (All ages)**

Turn2us helps people in financial need gain access to welfare benefits, charitable grants and other financial help – online, by phone and face to face through our partner organisations.

Web: www.turn2us.org.uk/

Contact Forms (to get specific departments): www.turn2us.org.uk/About-Us/Contact-us

Location: National

Financial
Intervention

The below interventions are appropriate for those believed to require housing support. Each intervention outlines the work carried out, agency, location and contact details.

▪ **Buckinghamshire Housing Support Service (16+)**

Supporting people at risk of homelessness to manage their housing needs. Offers a bespoke package of support for up to 6 months including managing your tenancy, housing advice, budgeting, accessing financial support, improving social networks, EET opportunity, health & wellbeing and signposting to other local support services.

Web: <https://www.p3charity.org/services/buckinghamshire-housing-support-service->

Tel: 0808 164 1810

Email: bucks@p3charity.org

▪ **Buckinghamshire Schools and learning**

Web: <https://www.buckinghamshire.gov.uk/schools-and-learning/>

▪ **Buckinghamshire Adult learning**

Web: <https://www.adultlearningbc.ac.uk/>

▪ **Housing Interaction Trust (16-25)**

Our HIT service provides support and accommodation to young people aged 16-25 who are homeless or at risk of homelessness

Web:

<https://www.connectionsupport.org.uk/buckinghamshire/projects/housing-interaction-trust/>

Tel: 01296 484322

Email: HIT@connectionsupport.org.uk

Location: Chiltern District – Chesham, Amersham and surrounding areas.

▪ **RESET offender housing project**

Offers support for ex-offenders to access accommodation to assist in creating positive life choices.

Finds individuals accommodation and provides intensive tenancy sustainment support. Assists in accessing benefit entitlements, getting into employment, accessing training/education. Helping set up utilities and pay bills. Links individuals into community services to avoid isolation. Support to access help with physical or mental health issues and drug/alcohol issues.

Web: <https://www.connectionsupport.org.uk/buckinghamshire/projects/reset/> (Includes web referral form).

Tel: 01296 484322

Email: reset@connectionsupport.org.uk.

▪ **Streetlink (18+)**

StreetLink is a website, mobile app and phone service for England and Wales, which enables people to send an alert when they see someone sleeping rough to connect that person to local support services that can help to end their homelessness.

Web: [//www.streetlink.org.uk/](http://www.streetlink.org.uk/)

Tel: 0300 500 0914

App: StreetLink' on Apple iTunes / Google Play store

Location: National

▪ **Signposts:**

Provides temporary accommodation with support for people who are unable to obtain appropriate accommodation to meet their needs

Web: <https://www.signpostssso.org/> (Includes online referral form)

Phone: 01582 722629

Email: admissions@signpostssso.org

The below interventions are appropriate for those believed to require support for SEND. Each intervention outlines the work carried out, agency, location and contact details.

- **Bucks SENDIAS Service**

Provides free, confidential, impartial information, advice and support on all matters relating to special educational needs and disability for children and young people aged 0 to 25 and their parents/carers. Can direct children, young people and parents to additional advice and support. Services offered via email, telephone or face to face and through work with groups or in training. Can offer individual casework and representation.

Web: https://account.buckscc.gov.uk/service/contact_bucks_sendias

Tel: 01296 383 754

Email: sendias@buckinghamshire.gov.uk

Location: Local and National

- **Talkback (All ages)**

Talkback provides autism and learning disability support and service programmes designed around all key stages of life, to provide the opportunity for continued personal development.

Web: talkback-uk.com/

Tel: 01494 434 448

Email: talkback@talkback-uk.com

Location: Offices in Amersham, Wycombe & Aylesbury

The below interventions are appropriate for those believed to require support for Sexual health. Each intervention outlines the work carried out, agency, location and contact details.

- **BSHaW (Buckinghamshire Sexual Health and Wellbeing)**

Offers a free, confidential service to meet the sexual health needs of all.

Web: <https://sexualhealthbucks.nhs.uk/>

Tel: 0300 303 2880.

Location: Countywide

- **Terrence Higgins Trust (All ages)**

A National sexual health service specialising in HIV and outreach work - with clinics throughout Bucks. Fast track service for vulnerable people who can text to get an appointment is available.

Web: <https://www.tht.org.uk/>

Tel: 0808 802 1221

Email: info@tht.org.uk

Location: Countywide.

The below interventions are appropriate for those believed to require support for Mental Health. Each intervention outlines the work carried out, agency, location and contact details.

▪ **Gamblers Anonymous**

Support meetings for those suffering from a gambling addiction.

Web: www.gamblersanonymous.org.uk/

Tel: 0330 094 0322

Email:

Aylesbury - gamblersanonymousaylesbury@gmail.com

Beaconsfield - beaconsfieldga@gmail.com

High Wycombe - ga.highwycomve@gmail.com

Location: Aylesbury - Holy Trinity Church (Weds 20:00 - 21:30).

High Wycombe - Bakers House (Sun 20:00 - 22:00)

Beaconsfield - The Fitzwilliam Centre (Weds 20:00 - 22:00).

▪ **HOPELINEUK (Thoughts of Suicide - under 35. Anyone concerned about a young person)**

A helpline for young people struggling with thoughts of suicide and anyone worried about a young person - offers confidential support and advice.

Web: www.papyrus-uk.org/hopelineuk/ Email: pat@papyrus-uk.org

Tel: 0800 068 4141. Text: 07860039967. Location: National

▪ **Men's Sheds association**

Community spaces for men to connect, converse and create. The activities are often similar to those of garden sheds, but for groups of men to enjoy together. They help reduce loneliness and isolation, but most importantly, they're fun.

Web: <https://menssheds.org.uk/>

▪ **No Panic (All ages)**

Helps people who suffer from Panic Attacks, Phobias, Obsessive Compulsive Disorders and other related anxiety disorders including those people who are trying to give up Tranquilizers. Also provides support for the carers of people who suffer from anxiety disorders.

Web: nopanic.org.uk/

Youth Helpline: 0330 606 1174. Helpline: 0844 967 4848

Email: info@nopanic.org.uk. Location: National

▪ **Samaritans**

A charity listening service dedicated to helping those who is struggling to cope, feels suicidal, depressed or isolated.

Web: www.samaritans.org/ Email: jo@samaritans.org

Helpline: 116 123. Location: National.

▪ **Shout (All ages)**

24/7 text service, offering support to anyone who is struggling to cope or is in crisis - a trained Crisis Volunteer (CV) will chat to them using trained techniques via text. The service is designed to help individuals to think more clearly and to take their next steps to feeling better. (free on all major mobile networks)

Web: <https://giveusashout.org/> Email: info@giveusashout.org

Text: SHOUT to 85258. Location: National

▪ **South Bucks Counselling (All ages)**

A team of skilled therapists with a variety of experiences, so they can provide the right person to work with those in need.

Web: www.southbuckscounselling.org/ Email: enquiries@southbuckscounselling.org

Tel: 01494 440199. Location: The Hub - High Wycombe

▪ **Space**

Aylesbury based charity offering support for people who are going through difficult times e.g. relationship difficulties, depression, bereavement, unemployment, mental health problems, loneliness, or any combination of these issues. They offer: drop-ins, counselling, social groups, events, webinars

Web: www.spaceaylesbury.org/

Tel: 01296 432769

Email: project-coordinator@spaceaylesbury.org. Location: St. Mary's Church - Aylesbury

▪ **The Tomorrow Project (All ages)**

A confidential suicide prevention project set up to support individuals and communities to prevent suicide. The Project currently delivers a suicide crisis service and a police-referral suicide bereavement service.

Web: www.tomorrowproject.org.uk/ Web contact: www.tomorrowproject.org.uk/contact

Text: 07594 008 356

Email: info@tomorrowproject.org.uk. Location: National

▪ **Victims First (18+)**

Provides free emotional and practical support to all victims/witnesses of crime, as well as family members of victims, including support, advice, counselling, Support through the criminal justice system (if you have reported the crime to the police) and advocacy, including, help to access other services such as sexual health clinics, drug and alcohol services and legal services.

▪ Web: <https://www.victims-first.org.uk/>

▪ Tel: 0300 1234 148

▪ Location: Buckinghamshire, Berkshire and Oxfordshire.

The below interventions are appropriate for those believed to require support regarding Offender Intervention. Each intervention outlines the work carried out, agency, location and contact details.

▪ **ASPIRE project (13-17)**

The Aspire Project currently works across Hertfordshire and North London to provide support for young people who have offended, or are at risk of offending or criminal exploitation.

Referrals submitted by LA, schools, colleges, YOS, attendance centres & other partners.

Web: <https://www.transitionsuk.org/aspire>

Phone: 01582 380 620

Email: support@transitionsuk.org

▪ **NACRO (18+)**

They house, educate, support, advise, and speak out for and with disadvantaged young people and adults, especially those who have been in contact with the criminal justice system

Web: www.nacro.org.uk/

Tel: 0300 123 1999

Email: helpline@nacro.org.uk

Location: National

▪ **New Leaf (18+)**

Provides help and support to offenders who plan to resettle in Oxfordshire, Berkshire or Buckinghamshire incl. MK. Through mentoring, we aim to help people re-settle effectively and address any issues and challenges they may have.

Web: newleafproject.co.uk/

Tel: 01844 202 001

Email: info@newleafproject.co.uk

Location: Oxfordshire, Berkshire and Buckinghamshire.

▪ **Pathways to Employment (18+)**

To rehabilitate adults released from prison to reduce reoffending through holistic support; advocacy, employment and personal development, opportunity brokerage (including into paid employment), navigation of services and peer support.

Web: www.aspireoxfordshire.org/offender-rehabilitation

Tel: 01865 204450

Email: info@aspireoxford.co.uk

Pilot project in Oxfordshire, Milton Keynes, Buckinghamshire and Berkshire.

▪ **RESET offender housing project**

Offers support for ex-offenders to access accommodation to assist in creating positive life choices.

Finds individuals accommodation and provides intensive tenancy sustainment support.

Assists in accessing benefit entitlements, getting into employment, accessing training/education. Helping set up utilities and pay bills. Links individuals into community services to avoid isolation. Support to access help with physical or mental health issues and drug/alcohol issues.

Web: <https://www.connectionsupport.org.uk/buckinghamshire/projects/reset/> (Includes web referral form).

Tel: 01296 484322

Email: reset@connectionsupport.org.uk.

▪ **Trailblazers (Age 18-25)**

National charity set up to mentor young offenders (18-25), with the primary objective of helping to reduce their re-offending, through weekly 1 hour, 1:1 mentoring sessions – both inside prisons and “through the gate” once they are released. With the aim to educate, encourage and inspire our mentees to change their future and make a positive impact on their communities.

Web: www.trailblazersmentoring.org.uk/

Tel: 0800 193 4046

Email: info@trailblazersmentoring.org.uk

Location: National

▪ **YMCA (18+)**

Provider of services promoting health and wellbeing in England. Training & Education YMCAs offer a range of education, skills-based training, placement and apprenticeship schemes including work with prisons and probation services, providing citizenship and training opportunities pre-release.

Web: www.ymca.org.uk/

Tel: 020 7186 9500

Email: enquiries@ymca.org.uk

Location: National

Substance Misuse

The below interventions are appropriate for those believed to require support for Substance Misuse. Each intervention outlines the work carried out, agency, location and contact details.

- **Home Detox UK (All ages)**

A team of specialist doctors, nurses and counsellors provide individuals what they need to safely and comfortably reduce drug/alcohol intake from home.

Web: <https://www.homedetox.co.uk/>

Tel: 01908 465322

Email: help@homedetox.co.uk

Location: National.

- **Oasis Partnership (18+)**

The Oasis Partnership recovery network provides a range of opportunities aimed at supporting people in recovery, it is funded exclusively through fundraised money and donations from Trusts, Foundations, Community organisations and generated income. The recovery network provides additional support services focusing on life skills, employment, training and education skills, volunteering and building confidence. Skills that build confidence leading to a successful future which is not impacted upon by drug and alcohol misuse.

Web: oasispartnership.org/

Tel: 0300 666 2747

Email: info@oasispartnership.org

Location: Bucks

- **One Recovery Bucks confidential (18+)**

Free and easy-to-access service to anyone living in Buckinghamshire impacted by their own or someone else's use of alcohol and drugs. Also provide support to offenders on release from prison, to reduce risk of overdose and death

Web: onerecoverybucks.org/

Tel: 0300 772 9672

E-mail: ORB@mpft.nhs.uk

Location: Countywide

- **One Recovery Bucks in Partnership with AVDC Rough Sleeper Initiative (18+)**

Assertive outreach utilising a range of harm reduction interventions including the blue light project to engage treatment resistant individuals. Provide interventions targeted towards hard-to-reach groups including where recovery is not yet an option, drug users, homeless populations and service users who have disengaged from treatment.

- Email: Sonia.Crawford@buckinghamshire.gov.uk

- Location: Countywide

- **One Recovery Bucks in Partnership with Sexual Health Service and TVP (18+)- CURRENTLY ON HOLD**

Operation DROP, targeted support for sex workers. To deliver light touch motivational intervention and support with the view to enter formal treatment.

Email: Cavelle.Lynch@buckinghamshire.gov.uk

Location: High Wycombe

- **One Recovery Bucks in Partnership with Thames Valley Police (18+)**

Street Community Connector (SCC) engage, support and motivate substance misusers (drugs/alcohol) who form part of the street community in High Wycombe Town Centre who use acquisitive crime and related ASB to fund their substance misuse, to access treatment

Email: Jonathan.Chandler@thamesvalley.pnn.police.uk

Location: High Wycombe.

- **SMART (Adults and Young People)**

Provides safe spaces to work with vulnerable people with complex needs, drug and alcohol issues and facing homelessness to empower them to make positive changes and take control of their lives.

Web: [//smartcjs.org.uk/](http://smartcjs.org.uk/)

Tel: 01296 337717

Email: info@smartcjs.org.uk

Location: SMART Open Access Service, Elmhurst Centre, Aylesbury.

- **SWITCH BUCKS CYP Drug and Alcohol Support. (10 - 18 years (and up to 25 years in exceptional cases))**

Young person drug & alcohol service, delivering support focused on reducing risk, reducing harm and building resilience, for those experiencing substance misuse related issues, at risk of developing problematic substance misuse, are impacted by parental or other family member substance use.

Web: www.cranstoun.org/services/young-people/switch-bucks/

Tel: 020 8335 1830

Email: media@cranstoun.org.uk

Location: Countywide.

- **UK Narcotics Anonymous (All ages)**

Anonymous drug support service which offers group support to achieve and maintain a drug free life. (N.B - this is NOT a counselling service) The only requirement for participation in NA is a desire to stop using drugs. There are no membership fees, and each group is self supporting.

Web: <https://ukna.org/>

Tel: 0300 999 1212

Email: webcom@ukna.org

Location: National

Uniformed Youth Services

Uniformed Youth Services

An umbrella charitable incorporated organization with 11 voluntary member youth organisations operating in Buckinghamshire & Milton Keynes.

Contact:

Web: <https://www.bucksuniformedyouth.com/>

Email: bucksuniformedyouth@gmail.com

Phone: 01296 655386

- **Buckinghamshire Girl guiding:**
 - Rainbows
 - Brownies
 - Guides
 - Rangers
 - Inspire (18-30)
- **Buckinghamshire Scouts**
- **Buckinghamshire Fire & Rescue Cadets**
- **Herts & Bucks Air Training Corps (RAF Air cadets)**
- **St Johns Ambulance Cadets**
- **Royal British Legion Youth**
- **Stowe School Combined Cadet Force**
- **TVP Volunteer Police Cadets**
- **Oxon & Bucks Sea Cadets.**

National Citizen Service

NCS was designed for 16 and 17 year olds.

They aim to engage, unite and empower young people. The project will allow young people to mix with other peers, take on challenges, gain independence and pick up new skills.

It gives young people a platform to get their voice heard, pursue a passion project and create a lasting impact in their local community.

Web: <https://wearencs.com/>

Access the NSC website and search for the young person's school to find out what projects are currently on in their local area.

Bucks Online Directory

Bucks Online Directory (BOD) enables users to find activities and organisations in Buckinghamshire. It allows for the search to be narrowed depending on identified vulnerabilities, access needs, ages and days the activities run.

The BOD includes sections for general 'things to do', advice and support, education and learning, staying active and environment.

Link: <https://directory.buckinghamshire.gov.uk/>