

Jigsaw Vocabulary

Being Me in My World	
EYFS	Same, different, feelings, sad, angry, happy, team work, help, kind, gentle, rights, play, responsible
Year 1	Safe, special, calm, belonging, rights, responsibilities, proud, rewards, consequences, upset, disappointed, illustration
Year 2	Worries, hopes, fears, belonging, rights, responsibilities, responsible, actions, praise, rewards, consequences, positive, negative, choices, co-operate, problem-solving
Year 3	Welcome, valued, achievements, proud, pleased, personal goal, praise, acknowledge, affirm, emotions, feelings, nightmare, fears, worries, solutions, support, rights, responsibilities, dream, behaviour, rewards, consequences, actions, fairness, choices, co-operate, challenge, dynamics, team work, viewpoints, ideal school, belong
Year 4	Included, excluded, welcome, valued, team, role, job description, school community, responsibility, rights, democracy, reward, consequence, democratic, decisions, voting, authority, contribution, observer, choices, UN convention on Rights of Child,
Year 5	Education, appreciation, opportunities, goals, motivation, vision, hopes, challenges, rights, British, citizen, denied, empathise, wealth, poverty, prejudice, responsibilities, rewards, consequences, choices, cooperation, collaboration, participation,
Year 6	Goals, worries, fears, value, welcome, choice, Ghana, West Africa, cocoa plantation, cocoa pods, machete, rights, community, education, wants, needs, Maslow, empathy, comparison, opportunities, choices, behaviour, responsibilities, rewards, consequences, empathise, obstacles, cooperation, collaboration, participation, motivation, democrat, decision, proud



Celebrating Difference	
EYFS	Strengths, likes, different, special, same, home, kind, friend, stand up, unkind, solve
Year 1	Similarity/similar, same as, different from, difference, bullying, deliberate, on purpose, unfair, included, bully, bullied, celebration, special, unique
Year 2	Boys, girls, similarities, assumptions, shields, stereotypes, special, bully, purpose, difference, kind, unkind, feelings, sad, lonely, help, stand up for, friends, included, qualities, friendship, caring, kind, unique, value,
Year 3	Family, loving, caring, safe, connected, difference, special, conflict, solve it together, solutions, resolve, witness, bystander, bullying, gay, unkind, feelings, tell, consequences, hurtful, compliment, special, unique, similarity
Year 4	Character, assumption, judgement, surprised, different, appearance, accept, influence, opinion, attitude, bullying, friend, secret, deliberate, on purpose, bystander, witness, bully, problem solve, cyber bullying, website, text message, special, unique, different, characteristics, physical features, impression, changed
Year 5	Culture, conflict, difference, similarity, belong, racism, colour, race, discrimination, bullying, rumour, name-calling, racist, homophobic, cyber bullying, texting, problem-solving, indirect, direct, happiness, continuum, developing world, plantation, celebration, artefacts
Year 6	Normal, ability, disability, visual impairment, empathy, perception, medication, vision, blind, cerebral palsy, role model, inspire, independent, disability, power, struggle, imbalance, control, harassment, bullying, direct, indirect, argument, recipient, para olympian, achievement, accolade, sport, perseverance, admiration, stamina, celebration, difference, conflict



Dreams and Goals	
EYFS	Practice, goal, manage, kind, encourage, jobs, grow up, learning, obstacles, support, never giving up, achieve, feeling
Year 1	Proud, success, achievement, goal, treasure, coins, learning, stepping stones, process, dreams, working together, team work, celebrate, stretchy, challenge, feelings, obstacle, overcome,
Year 2	Realistic, proud, success, celebrate, achievement, goal, strengths, persevere, challenge, difficult, easy, learning together, partner, team work, problem-solve,
Year 3	Perseverance, challenges, success, obstacles, dreams, goals, ambitions, future, aspirations, team work, enterprise, cooperation, product, strengths, motivated, enthusiastic, excited, efficient, responsible, frustrations, solve it together, solution, review, learning, self-review, celebrate, evaluate
Year 4	Dream, hope, goal, feeling, determination, perseverance, disappointment, fears, hurt, positive experiences, plans, cope, help, resilience, self belief, motivation, commitment, team work, enterprise, cooperation, review, learning, strengths, success, self-review, celebrate, evaluate
Year 5	Dream, hope, goal, feeling, achievement, money, grown up, adult, lifestyle, job, career, profession, money, salary, contribution, society, determination, perseverance, motivation, aspiration, culture, country, sponsorship, comic relief, communication, support, rallying, team work, cooperation, difference
Year 6	Dream, hope, goal, learning, strengths, stretch, achievement, personal, realistic, unrealistic, feeling, success, criteria, money, global, issue, suffering, concern, hardship, sponsorship, empathy, motivation, admire, respect, praise, compliment, contribution, recognition



Healthy Me	
EYFS	Exercise, body, healthy, move, resting, food, unhealthy, choices, dreams, sleep, clean, wash, before, after, toilet, stranger, danger, safe
Year 1	Healthy, unhealthy, balanced, exercise, sleep, choices, clean, body parts, hygienic, safe, medicines, trust, safety, green cross code, eyes, ears, look, listen, wait
Year 2	Healthy choices, lifestyle, motivation, relax, relaxation, tense, calm, healthy, unhealthy, dangerous, medicines, safe, body, balanced diet, portion, proportion, energy, fuel, nutritious
Year 3	Oxygen, heartbeat, lungs, heart, fitness, challenge, healthy, drugs, attitude, safe, anxious, scared, strategy, advice, harmful, medicines, substances, complex, appreciate, body
Year 4	Friendships, emotions, healthy, relationships, friendship groups, value, embarrassed, roles, leader, follower, assertive, agree/disagree, smoking, pressure, peers, guilt, advice, alcohol, liver, diseased, anxiety, fear, believe, opinion, right, wrong
Year 5	Choices, healthy behaviour, unhealthy behaviour, informed decision, pressure, emergency, procedure, recovery position, calm, level-headed, body image, media, celebrity, altered, self-respect, eating problem, motivation
Year 6	Mood, energy, balanced diet, drugs, effects, motivation, misuse, anti-social, responsible, appropriate, emergency, recovery position, CPR, safety, mental health, emotional health, mental illness, symptoms, stress, triggers, strategies, managing stress, pressure



Relationships	
EYFS	Jobs, belong, family, make friends, solve problems, friendship, falling out, bullying, lonely, impact, unkind, manage, calm, good friend, listen, share
Year 1	Family, belong, different, same, friends, friendship, qualities, caring, sharing, kind, greeting, touch, feel, texture, like, dislike, help, helpful, community, feelings, confidence, praise, qualities, skills, self belief, incredible, proud, celebrate, relationships, special, appreciate
Year 2	Touch, physical contact, communication, hugs, like, dislike, acceptable, not acceptable, friends, conflict, point of view, positive problem solving, secret, surprise, good secret, worry secret, telling, adult, trust, surprised, happy, sad, frightened, trustworthy, honest, reliability, compliments, celebrate, positive, negative, appreciate
Year 3	Men, women, male, female, unisex, role, job, responsibilities, differences, similarities, respect, stereotype, conflict, solution, problem solving, friendship, win-win, safe, unsafe, dangers, dangerous, hazards, risks, safety rules, worried, concerned, scared, anxious, relived, global, communications, transport, interconnected, food journeys, climate, trade, inequality, needs, wants, rights, deprivation, united nations, equality, justice, happiness, celebrating, relationships, friendship, family, thank you, appreciation
Year 4	Relationships, close, distant, contribute, mutual benefit, belonging, caring, loss, strategy, shock, disbelief, numb, denial, anger, guilt, sadness, pain, despair, hopelessness, relief, acceptance, depression, souvenir, memento, memorial, loss, memories, special, remember, vegetarianism, opinion, debate, respect, special pet, cope, love, appreciation, symbol, care
Year 5	Characteristics, personal qualities, attributes, self-esteem, friendships, negotiate, compromise, trust, loyalty, anger, betrayal, empathy, boyfriend, girlfriend, attraction, pressure, personal, comfortable, body language, feelings/emotions, positive, negative, jealousy, safe, technology, communicate, resist, risk, harm, identity, personal information, safe, choice, vulnerable
Year 6	Significant, relationship, special, feelings, close, important, emotions, sadness, loss, grief, hurt, pain, change, bereavement, coping strategies, denial, despair, shock, guilt, hopelessness, anger, acceptance, power, control, authority, bullying, script, assertive, strategies, communication, technology, cyber bullying, abuse, safety



Changing Me	
EYFS	Body, eyes, ears, knees, finger, foot, mouth, nose, stomach, eyebrow, arm, tongue, toe, forehead, chest, hand, leg, respect, grow, babies, adult, fears, express, feel, worries, looking forward, memories, share
Year 1	Changes, life cycle, baby, adulthood, adult, grown up, mature, change, male, female, vagina, penis, testicles, learn, new, grow, feelings, anxious, worried, excited, coping
Year 2	Change, grow, life cycle, control, baby, adult, fully grown, growing up, old, young, respect, appearance, physical, toddler, child, teenager, independent, timeline, freedom, responsibilities, male, female, vagina, penis, testicles, private, public, touch, texture, cuddle, hug, squeeze, like, dislike, acceptable, unacceptable, comfortable, uncomfortable, looking forward, excited, nervous, happy, anxious
Year 3	Changes, birth, animals, babies, mother, growing up, grow, uterus, womb, nutrients, survive, love, affection, care, change, puberty, control, male, female, testicles, sperm, penis, ovaries, egg, womb, vagina, stereotypes, task, roles, challenge, change, looking forward, excited, nervous, anxious
Year 4	Personal, unique, parents, characteristics, sperm, egg, penis, testicles, vagina, womb, ovaries, making love, fertilise, reproduction, puberty, menstruation, periods, circle, seasons, change, control, range of emotions, acceptance, looking forward, excited, nervous, anxious, happy
Year 5	Self, self-image, body image, self-esteem, perception, characteristics, aspects, affirmation, puberty, menstruation, periods, sanitary towels, sanitary pads, tampons, ovary, vagina, womb, uterus, sperm, semen, testicles/testes, erection, ejaculation, wet dream, larynx, facial hair, growth spurt, hormones, relationships, conception, making love, sexual intercourse, fallopian tube, fertilisation, pregnancy, embryo, umbilical cord, contraception, fertility treatment (IVF), teenager, milestone, perceptions, puberty, responsibilities, change, hope, manage, cope, opportunities, emotions, fear, excitement, anxious
Year 6	Self-image, self-esteem, real self, celebrity, opportunities, freedoms, responsibilities, pubic hair, voice breaks, menstruation, semen, growing taller, hips widen, facial hair, erection, tampon, breasts, hormones, wet dream, ovulation, masturbation, sanitary towel, clitoris, testicles, sperm, underarm hair, penis, feeling moody, vagina, womb, fallopian tube, trust, respect, pregnancy, embryo, foetus, placenta, umbilical cord, labour, contractions, cervix, midwife, independence, grown up, attraction, relationship, friends, transition, secondary, looking forward, journey, worries, anxiety, hopes, excitement